

# Ysgol Frongoch



## Anti-Bullying Policy

Head Teacher	Mr Dylan Thomas
Chair of Governors	Mrs Shannon Gage
Date adopted by Governing body	February 2022
Last Review Date	February 2022
Date to be Reviewed	February 2024

# Anti-Bullying Policy

## Definition

At Ysgol Frongoch our agreed school definition is:

*'Bullying is aggressive or insulting behaviour by any individual or group, repeated over a period of time that intentionally hurts or harms.'*

All children deserve to receive their education free from humiliation, oppression and abuse. Every person who is a part of Ysgol Frongoch, staff, parents/guardians and children, has a responsibility to take action to care for each other. Bullying of any form, will not be tolerated. It is everyone's responsibility to aim to prevent occurrences of bullying and to deal with any incidents quickly and effectively.

Our Anti-bullying policy has been updated following consultation between the School Council and SLT. It works alongside our Engagement and Behaviour policy and promotes our whole school expectations of 'Ready, Respect and Safe', which lead to responsible individuals. At Ysgol Frongoch we take bullying very seriously. KiVa is an anti-bullying programme that we follow in school. KiVa means against bullying, and being nice. We learn how to do this through regular KiVa lessons in class and by learning how to be a good friend.

## Positive Strategies

We are a telling school. Ysgol Frongoch is committed to a whole school approach against bullying, this is demonstrated in our KiVa programme. Classroom practice and curriculum will be positively used as a vehicle for raising awareness and understanding the concept. As a KiVa school we will deliver regular lessons, to all children, to teach them about bullying, its impact and how to be a good friend. We will ensure that all stakeholders are aware of, and understand, the School Anti-Bullying policy. The emphasis in dealing with bullying is on a caring, listening approach as a result of the recognition that bullies may be victims too.

The following is a list of actions available to staff depending on the perceived seriousness of the situation.

- ◆ Discussions with the victim and reassure the victim.
- ◆ Identify the bully/bullies. Obtain witnesses if possible.
- ◆ Discussions with the bully. Confront them with the details and ask them to tell the truth about the situation/incident and establish any reasons.
- ◆ Inform all parents of those involved.
- ◆ Log incidents on KiVa forms as appropriate.
- ◆ Keep the senior management staff informed of all incidents.
- ◆ Monitor the situation by observing at playtime/lunchtime
- ◆ Sanctions for the bully may include withdrawal from certain activities, loss of playtimes, exclusion from school during lunchtimes, exclusion from school, depending on the perceived severity of the incident(s).

In order to recognise incidents of bullying and the identities of bullies, at Ysgol Frongoch, we have agreed to carry out the following strategies:

- ♦ All staff watch for early signs of distress in pupils.
- ♦ Staff report identified incidents of bullying using the KiVa log sheets (kept in the school office)
- ♦ The Head teacher will monitor incidents of bullying, using the KiVa log and Class log books.
- ♦ Parents will be consulted through questionnaires on their response to school's general behaviour every year.
- ♦ Provide purposeful activities outside the classroom environment e.g. play equipment/ games at break-times/adult-led games.
- ♦ Work with external agencies to support individual pupils.

As part of the embedded PSE curriculum taught at Ysgol Frongoch, a pro-active approach to teaching pupils the skills and understanding necessary to good citizenship is taught and developed. The KiVa programme supports this. In addition to this, we adopt the strategy of positive reinforcement of appropriate behaviour, and the provision of good role models through our own good behaviour and conduct. This is the explicit expectation of all pupils, staff, Governors, parents and visitors to the school.

# Ysgol Frongoch



## Child Friendly Kiva and Anti-Bullying Policy

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# KiVa

## Introduction

At Ysgol Frongoch we take bullying very seriously. KiVa is an anti-bullying programme that we follow in school. KiVa means against bullying, and being nice. We learn how to do this through regular KiVa lessons in class and by learning how to be a good friend.

## Prevention

We follow the KiVa lessons from the programme in school. In these lessons we learn about all different types of bullying. We also learn about the emotions, and behaviours of both ourselves and others. We learn how to prevent bullying and how to be kind to each other during these lessons. We learn what to do if we see or experience any type of bullying

## Intervention

If we see, or experience bullying we should;

- ♦ Always tell an adult. (teacher, staff member in school, parent/carer, trusted adult)
- ♦ Ask the victim if they are ok
- ♦ Never be a bystander.

When the teachers find out about a worry or concern about bullying they will speak to the victim. If they think it is bullying then they will follow the KiVa actions with the people involved in bullying.

The goal is to find solutions, resolve and put an end to bullying.

## Monitor

Every year we complete an anonymous KiVa questionnaire so that the teachers are aware if there has been or if there is any bullying going on in Ysgol Frongoch.

# Anti-Bullying

(created by the School Council—Autumn 2021)

## Together we can STOP bullying!

### What is bullying?

In Ysgol Frongoch, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten, scare or hurt that person. Bullying can take many different forms.

### Bullying can be...

- ♦ **Emotional**—hurting people's feelings, leaving people out.
- ♦ **Physical**—punching, kicking, spitting, hitting or pushing.
- ♦ **Verbal**—teasing, name calling, or spreading rumours.
- ♦ **Written**—letters, notes or graffiti.
- ♦ **Cyber**—saying unkind things by text, e-mail, chat, messenger or on the internet.

Bullying happens.....**Several Times On Purpose**

If you are bullied, or see someone else being bullied, you need to.....

**Start Telling Other People**

Together we can **STOP** bullying.

### Who can I tell?

- ♦ A friend
- ♦ Any adult in school
- ♦ A family member
- ♦ Another trusted adult

At Ysgol Frongoch we will work together to make our school a place where everyone can feel safe and happy, and we will always treat bullying seriously.