



# Ysgol Frongoch

Cylchlythyr wythnosol – Weekly Newsletter

June 05<sup>th</sup> 2026

## Annwyl rhieni

The first week back after half term has been as busy as ever. Sports day events are being practised and it's great to see the enthusiasm by everyone! An incredibly important half term, transition will be a key focus this half term and it's vitally important that children attend school, on time, as often as possible. This will allow for as smooth a transition as possible before the children move on to secondary school or their next class here at Frongoch. We thank you in advance as it's imperative that we continue to work together to ensure every child has the best possible opportunity to succeed within school.

## School Priorities 2025-26

As you know, the 3 main priorities this year have focused on developing independence, challenging pupils and develop pupils' Welsh speaking skills.

As part of our monitoring timetable we will review our progress against these priorities and share findings appropriately.

This will then feed into our School Development Plan and specifically our main priorities for 2026-2027

## Transition, anxiety and good habits:

Collective Worship this week were based on using the right skill/ knowledge at the right time to help us when dealing with Transition and raised levels of anxiety. The following good habits were discussed:

**Communicating:** The children shared how they can share their worries by talking to a trusted adult [at home or at school] and also by writing down their worries, or indeed drawing them.

**Screen time:** Many children shared how they feel that too much screen time impacts their wellbeing and in particular their sleeping habits. We discussed limiting screen time and also not having any screen time at least 2 hours before bed time.

**Sleep:** Following on from screen time, many children shared how they struggle to sleep before 'big days'. Having a clear and consistent bed time routine was discussed, as well as the reducing screen time [as above].

**Eating healthily:** Eating nutritious, balanced and healthy food on a regular basis was discussed and how this impacts positively on our wellbeing.

## Dates for the Diary:

Monday 08 <sup>th</sup> June	Year 6 Residential Trip
Monday 15 <sup>th</sup> June	Sports day
Friday 19 <sup>th</sup> June	Sponsored walk, whole school
Wednesday 1 <sup>st</sup> July - 3 <sup>rd</sup> July	Denbigh High School transition days.
Monday 6 <sup>th</sup> July	Year 5 Residential Trip
Friday 10 <sup>th</sup> July	Year 6 leavers service 1.30pm

## Residentials

Next week, our Year 6 children are going on their Residential to Pentre. By now, all paperwork and medication should be prepared and at school, ready for next week. During the residentials, staff will do their utmost to share highlights of the day on Seesaw, but please remember that they will be busy during all parts of the day and they will be focused ensuring our children are safe and having the best possible time at Pentre.

## Sports Day

Sports day has been in the diary for some weeks now and we can confirm that the actual timings of the day are as follows:

Year 5 and 6 Sports Day: 10am until 11.50am

Year 3 and 4 Sports Day: 1pm until 2.50pm

This will take place on the Denbigh High School Sports Fields (behind the Leisure Centre) Please note, Year 5 and 6 children are expected to remain at school for the rest of the day.

Year 3 and 4 children can obviously be taken home with their parents at the end of their sports day as it will be the end of the school day by the time we finish.

As always, we are dependent on the weather and we will aim to complete the sports day on the given date.

If we do need to re-arrange we will of course try to inform parents/carers as early as possible.

As in previous years, pupils are invited to wear a t-shirt that matches the colour of their team

## Updated details

Please can we remind all parents/carers to inform the office of any changes to details. These include contact numbers, change of address, medical conditions and any other contact details which we need. Thanks in advance.

## Term time holidays

As you know, term time holidays are not authorised and we will continue to follow Denbighshire County Council's Attendance policy in terms of attendance. Please note that this includes issuing Fixed Penalty Notice warning letters and Fixed Penalty Fines as necessary. More information can be found in our Attendance policy which can be found on our website:

[www.ysgolfrongoch.com](http://www.ysgolfrongoch.com)

## David Attenborough

Class 2 were delighted to receive a signed postcard from Sir David Attenborough this week after writing to him before the half term break! Da iawn pawb!

## Attendance

Attendance remains a priority for Frongoch and we will share our target school attendance and also our current attendance here.

Target School  
Attendance

94.2%

School  
Attendance to  
date

93.2%

**REMEMBER** punctuality is equally as important as attendance. Please try to ensure your child arrives in school for 8:45am.